



Understanding MIST Therapy

Gentle Mist Technology to Help Your Wound Heal

What Is MIST Therapy?

MIST Therapy is a non-contact, low-frequency ultrasound treatment used to help chronic or slow-healing wounds recover. It delivers a gentle mist and sound waves to the wound surface to support natural healing — without touching the skin. It is painless, safe, and effective.

How Does It Work?

MIST Therapy:

- Uses ultrasound energy to stimulate healing in the wound bed
- Delivers a fine saline mist to hydrate and cleanse the area
- Helps remove dead tissue without sharp tools
- Increases blood flow and oxygen in the wound area
- Creates a clean, moist environment to support healing

What Kinds of Wounds Can It Help?

MIST Therapy may be used for:

- Diabetic foot ulcers
- Pressure injuries (bedsores)
- Venous or arterial ulcers
- Post-surgical or traumatic wounds
- Wounds with delayed healing

What Should I Expect During Treatment?

- ✓ The treatment is quick and painless
- ✓ A gentle mist is applied — the device does not touch your skin
- ✓ Sessions usually last about 5–10 minutes
- ✓ You may feel slight warmth or moisture, but no discomfort
- ✓ It may be used several times per week, as recommended



Benefits of MIST Therapy

- Painless and non-invasive
- No downtime or recovery needed
- Helps reduce inflammation and bacteria
- Can be used with dressings and other treatments
- Safe for people with diabetes, poor circulation, or chronic wounds

Is It Safe?

Yes. MIST Therapy is FDA-cleared and widely used by wound care professionals. Your provider will assess whether it's the right option for your wound.

How We Use MIST Therapy

Our mobile wound care team provides MIST Therapy in the comfort of your home or care facility. We will:

- Evaluate your wound for MIST Therapy
- Perform the treatment using clean, sterile equipment
- Monitor your progress and adjust your care as needed
- Combine MIST Therapy with other treatments for best results

Questions? Call Us Anytime

Accelerated Wound Care
2720 S. River Rd.
Suite 256
Des Plaines, IL. 60018
Main: 844-292-5708
Fax: 224-361-2616
Website: awcillinois.com

We're here to support your healing journey!

Disclaimer:

This information is provided for educational purposes only and is not intended to diagnose, treat, or replace professional medical advice. Always consult your healthcare provider for personalized care and if you have any concerns about your health or wounds.